



# DAILY PRAYER

*“The Church that prays together stays together.”*

A simple prayer format for each day: P.R.A.Y.

\* **begin with words of Praise**...perhaps a favourite hymn or joyful psalm (try Psalm 8, 65, 98, 103, 145, 146, 150). Or simply express your gratitude to God for giving you life, giving His life for you, and desiring to live His life with you today.

\* **continue with a moment of Reflection**...repenting for anything in your life that is out of line, off course, recommitting your life to Jesus today. *One simple prayer is, “Lord Jesus Christ, have mercy on me a sinner.”*

\* **move into a time of Asking**...specifically for others. This little guide may be useful.

- **Sunday: S = for ‘saints’**, namely our church family, including staff, your small group, the choir, our many newcomers and neighbouring churches.
- **Monday: M = the mission** focus of CCSJ, including the Keele Correctional Center, the Dale Ministries, our Foodbank Ministry, Cafe Church, our many friends seeking refuge in Canada.
- **Tuesday: T = the teaching ministry** of CCSJ, including the many bible studies, home groups, our Sunday School teachers and youth group, and the weekly “God, Coffee and me” Bible study in Nimman’s Thai Restaurant today.
- **Wednesday: W = for workers**, including those you work alongside as well as for the overall work of the wider church in Etobicoke.
- **Thursday: T = Troubled People**...those you know who are struggling with health issues or other challenges and for our troubled world.
- **Friday: F = family and friends**, with special attention to your immediate family and friends as well as to the larger parish family.
- **Saturday: S = seekers** or those who do not yet know Jesus/ for the gospel to impact our neighbourhood.

\* **conclude by Yielding yourself to Christ today**...bring your own personal concerns, worries, fears, challenges, perhaps finishing with these words from John Wesley: *“Lord Jesus, raise Your throne in my heart, in my home, in all of my responsibilities and reign from there as You do in Heaven”*.

**Join on Zoom at 8pm on Wednesday, January 29 at 8pm to end our Day of Prayer together.** The link is in Plugged In: or on our website: [www.christchurchstjames.ca](http://www.christchurchstjames.ca)

Next Day of Prayer: Wednesday, February 26